

2010 NBSL QUALIFYING TIMES

25 METERS					
(Yard time * 1.11 USS conversion factor = Meter time)					
GIRLS					
AGE	FREE	BREAST	BACK	FLY	IM ⁺
8&u	24.0	33.0	30.0	30.0	N/A
10&u	20.0	26.0	25.0	23.0	N/A
12&u	40.0	51.0	50.0	50.0	1:33
14&u	1:20	45.0	45.0	41.0	1:36
18&u ^{**}	1:15	44.0	40.0	35.0	1:28
BOYS					
AGE	FREE	BREAST	BACK	FLY	IM ⁺
8&u	24.0	35.0	30.0	28.0	N/A
10&u	20.0	26.0	25.0	24.0	N/A
12&u	39.0	51.0	48.0	48.0	1:40
14&u	1:20	45.0	42.0	40.0	1:31
18&u ^{**}	1:05	42.0	36.0	35.0	1:21

25 YARDS					
GIRLS					
AGE	FREE	BREAST	BACK	FLY	IM ⁺
8&u	21.6	29.7	27.0	27.0	N/A
10&u	18.0	23.4	22.5	20.7	N/A
12&u	36.0	45.9	45.0	45.0	1:20
14&u	1:08	40.5	40.5	36.9	1:23
18&u ^{**}	1:04	39.6	36.0	31.5	1:15
BOYS					
AGE	FREE	BREAST	BACK	FLY	IM ⁺
8&u	21.6	31.5	27.0	25.2	N/A
10&u	18.0	23.4	22.5	21.6	N/A
12&u	35.1	45.9	43.2	43.2	1:26
14&u	1:08	40.5	37.8	36.0	1:18
18&u ^{**}	58.3	37.8	32.4	31.5	1:09

The qualifying times listed are to be used to determine which championship event a swimmer may or may not be eligible to participate in. Both meter and yard times have been provided. **ALL CHAMPIONSHIP ENTRIES MUST BE PRESENTED IN METERS.** 25 Yard times are to be multiplied by 1.11 to determine equal meter times. This is a conversion factor provided by USS Swimming. 20 Yard times are to be multiplied by 1.44 to determine meter times.

* Times listed for I.M.'s are only a guideline. There will be no I.M.'s at preliminaries.

** 18 & under swimmers swim only at Championships and a qualifying time is not required. However, the times provided are based on past results for the majority of the 18 and under swimmers and they should be used as a recommended guideline when entering an event at Championships.

To determine Qualifying times from a 20 yard pool please use the other Qualifying Times sheet set up for 20 yard pools.