

**NBSL CHAMPIONSHIPS – ASHBOURNE SWIM CLUB**  
**SATURDAY, JULY 23<sup>rd</sup> 2011**  
**8U TO 12U (GIRLS AND BOYS)**

Pool Schedule

6:45 AM	Gates Open
7:00	1 <sup>st</sup> warm-up
7:15	2 <sup>nd</sup> warm-up
7:30	3 <sup>rd</sup> warm-up
7:45	Pool Closed
7:50	Final call for the first event
8:00	Meet begins

Coaches & Officials

6:45	Officials report and sign in
7:30	Timers meeting with Head Timer Place Judges and Stroke & Turn meeting with Referee
7:30	Coaches meeting with meet director for final corrections/scratches and any other business. Relay swimmers names presented at scorers table. (Please attend promptly)

Rules

- 21) All league rules in effect. Swimmer age is as of June 1<sup>st</sup>.
- 22) Due to the NBSL pool depth addendum, only 4 lanes will be used for the diving events. 6 lanes will be used for all backstroke events.
- 23) Relay in-water starts are in place for the shallow end of the pool.
- 24) All swimmers must have competed in at least one dual meet.
- 25) Swimmers may swim up in age, but may not swim the same stroke in different age groups.
- 26) Awards for the first ten places.
  - Individual Events: 1 – 6 medals / 7 – 10 ribbons
  - Relay Events: 1 -3 medals / 4 – 10 ribbons

Only Coaches May Pick Up Awards!

- 27) Scoring will be based on the final results as decided by the meet director. Place and time will be determined primarily by the Colorado Timing System.
- 28) Only top two swimmers from team will score.
- 29) Swimmers are limited to **2 individual** events and 2 relays. Swimmers are permitted to swim in both championship events (prelims and championships) provided they meet the qualifying times for that specific event.
- 30) Respect and appreciate your NBSL representatives!!!
- 31) Have Fun!!!

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**Swimmers**

- 6:45am - Gates Open
- Swimmer Warm-ups as follows:
  - 7:00am - 7:15am (Lane, Shellcrest, River Road, JCC, Arden, Graylyn Crest)
  - 7:15am - 7:30am (Tatnall, Elks, Silverside, Ashbourne, Green Acres, High Point)
  - 7:30am - 7:45am (Darley, Del Vets, Fair Blue, Timberlane, Crestview, Windybush)

\*\*\* Please note lanes 5 and 6 will be designated as sprint lanes for warm ups\*\*\*

- Division Award Winner Trophy Presentations - 7:45am
- First Call – 7:45am
- Meet Begins - 8:00am
- Award Presentations (at the completion of the backstroke events)
- Meet Finish - Approximately 2:00pm
- League Trophy Presentations to Meet Champions (1st, 2nd & 3rd place) – 5 minutes after meet finish

**Coaches & Officials**

- Officials report and sign-in - 6:45am
- Timers meeting with head timer - 7:30am
- Starters/Place Judge/Stroke & Turn Meeting with Meet Referee - 7:30am
- Coaches Meeting with Meet Referee & Scoring Table for final corrections/scratches and any questions - 7:30am
- Relay swimmer names on index cards due to Scoring Table - 7:30am

**NBSL CHAMPIONSHIP ORDER OF EVENTS**  
**8 & Under to 12 & Under (Girls and Boys)**  
**Saturday, July 23<sup>rd</sup>, 2011**

**Event Description**

Boys 12 & Under 200 Medley Relay  
Girls 12 & Under 200 Medley Relay  
Boys 10 & Under 100 Medley Relay  
Girls 10 & Under 100 Medley Relay

Boys 12 & Under 100 IM  
Girls 12 & Under 100 IM

Boys 8 & Under 25 Freestyle  
Girls 8 & Under 25 Freestyle  
Boys 10 & Under 25 Freestyle  
Girls 10 & Under 25 Freestyle  
Boys 12 & Under 50 Freestyle  
Girls 12 & Under 50 Freestyle

Boys 8 & Under 25 Breaststroke  
Girls 8 & Under 25 Breaststroke  
Boys 10 & Under 25 Breaststroke  
Girls 10 & Under 25 Breaststroke  
Boys 12 & Under 50 Breaststroke  
Girls 12 & Under 50 Breaststroke

Boys 8 & Under 25 Backstroke  
Girls 8 & Under 25 Backstroke  
Boys 10 & Under 25 Backstroke  
Girls 10 & Under 25 Backstroke  
Boys 12 & Under 50 Backstroke  
Girls 12 & Under 50 Backstroke

Boys 8 & Under 25 Butterfly  
Girls 8 & Under 25 Butterfly  
Boys 10 & Under 25 Butterfly  
Girls 10 & Under 25 Butterfly  
Boys 12 & Under 50 Butterfly  
Girls 12 & Under 50 Butterfly

Boys 8 & Under 100 Freestyle Relay  
Girls 8 & Under 100 Freestyle Relay  
Boys 10 & Under 100 Freestyle Relay  
Girls 10 & Under 100 Freestyle Relay  
Boys 12 & Under 200 Freestyle Relay  
Girls 12 & Under 200 Freestyle Relay

\* Note: Actual event order subject to change